



AFTER YOUR ORAL SEDATION APPOINTMENT

Patient cannot drive for 24 hours after sedation.

- 1) Do not operate any hazardous devices or machinery for 24 hours after sedation.
- 2) A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
- 3) Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until fully recovered from the effects of the sedation
- 4) Patient should resume normal eating and drinking after sedation appointment except:
 - NO sedatives (eg. alcohol for 24 hours after appointment.
 - NO stimulants (eg. caffeine or nicotine) for 24 hours after appointment.
- 5) Patient should drink plenty of fluids as soon as possible to prevent dehydration and to prevent hangover effect of sedation medications.
- 6) Patient may sleep for a long time or may be alert when he/she leaves. Attend to both an alert or sleepy patient the same. Do not trust him/her alone.
- 7) Always hold patients arm when walking as they may have problems with balance while under the effects of the sedation medication.
- 8) Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the emergency room immediately.

Patient/Guardian Signature

Date

Companion Signature

Date