



POST-OP INSTRUCTION FOR FILLINGS AND CROWNS

If local anesthetic was used, please be careful with the area until the freezing has worn off. Salt water rinse will help if trauma does occur to this area by accident.

Freezing the lower jaw involves penetrating the muscle. If you are not able to take an anti-inflammatory, this will help decrease the internal swelling of this muscle.

With any dental treatment, cold sensitivity can be expected for two weeks. This sensitivity should be getting better but if it continues, please make an appointment with the office to have it assessed.

Once freezing has worn off, please contact the office if our bite does not feel right. The filling or crown needs to be adjusted to the proper height or biting and cold sensitivity can be prolonged.

If the temporary crown becomes loose, please use toothpaste or Vaseline to put it on with until we can cement it again. Leaving the temporary crown off can lead to the permanent crown not fitting properly.

If the tooth, which received treatment, becomes more sensitive to hot or cold, spontaneously aches, wakes you up at night or won't let you sleep because of discomfort and develops swelling around it, please call the office immediately. An infection in the nerve may have developed and antibiotics may be required.